

CDL Physical Exams

Dr. Krauss is certified with the National Registry of Certified Medical Examiners with the Federal Motor Safety Administration to perform DOT/CDL physical exams.

DOT/CDL Physical Exam Requirements:

There are new requirements for patients to have ready BEFORE arriving for their physical exam appointment.

Bring to your appointment:

1. Glasses and hearing aids
2. Any recent lab tests
3. All of your medications including vitamins and supplements.

Drivers with **Diabetes** will be required to bring a current blood sugar log and most recent A1C results.

Drivers with **Heart Disease** will need to bring a copy of the most recent consult from your cardiologist, recent Exercise Stress Test, Echocardiogram, EKG and a note from your cardiologist stating you are without symptoms.

Drivers with **Lung Disease** will need to bring in a copy of your most recent lung function test.

Drivers with **Sleep Apnea** will need to bring in a copy of your most recent sleep study and proof of using your CPAP machine.

Any driver with a **BMI (body mass index) of 35 or greater** will automatically need to have a sleep study done.

Drivers with a **History of TIA or Stroke** will need to bring in their most recent neurological evaluation.

Upon examination additional testing may be required depending on your medical history and/or exam outcome. These tests may require additional fees.

New federal regulations and guidelines mandate how long your CDL will be valid.